

Family Guide to Energy Savings

Energy impacts everyone's life in many ways: our comfort and convenience, our wallets and the environment. Reducing energy and water use will save money, reduce resource use and lower our impact on the planet.

Install the energy saving upgrades from your kit today and save on your energy costs over the lifetime of the products, then look at other ways to save. You can make simple changes and enjoy water and energy savings, all without sacrificing comfort

How Does Your Family Rate?

How energy efficient is the building you live in? Answer the following questions to rate your home or apartment. Circle T if the statement is true, F if the statement is false or NA if the statement does not apply to your living situation.

Heating and Cooling	Windows and doors have good weather-stripping.	T	F	NA
	Thermostat is set around 68° F in winter.	T	F	NA
	Temperature is set as high as is comfortable in summer.	T	F	NA
	Furnace/air conditioner filters are cleaned and changed regularly.	T	F	NA
	An energy audit has been conducted in the last 3 years.	T	F	NA
	Thermostat is adjusted at night.	T	F	NA
Water	Faucets and toilets do not leak.	T	F	NA
	Showers and faucets use efficient showerheads and aerators.	T	F	NA
	Showers last no longer than 5 minutes.	T	F	NA
	Water heater is set at 120° F (49° C).	T	F	NA
	Faucet is shut off while brushing teeth.	T	F	NA
Appliances	Dishwasher is usually run with a full load.	T	F	NA
	Washing machine is usually run with a full load.	T	F	NA
	Cold water is used in the washing machine.	T	F	NA
	Clothes dryer is usually run with a full load.	T	F	NA
Lights	Lights are turned off when not in use.	T	F	NA
	LED bulbs are used throughout the home.	T	F	NA
Trash	Paper, aluminum and other materials are recycled.	T	F	NA
	Plastic is separated and recycled.	T	F	NA
	Products made of recycled materials are favored.	T	F	NA
Transportation	Car is kept tuned and tires properly inflated.	T	F	NA
	Public transportation is used when possible.	T	F	NA
	Family members often walk or ride a bike for short trips.	T	F	NA
	Family members carpool when possible.	T	F	NA

Score 1 point for True, 0 points for False and 0 points for Not Applicable (NA). Total Points: _____

Discuss the results of this survey with your family. Are there things your family can do to raise your score?